

Experimental study on the effect of vitamin C administration on lipid peroxidation and antioxidant enzyme activity in rats exposed to chlorpyrifos and lead acetate

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Abstract

Aim : To evaluate the effects of chlorpyrifos, lead acetate, vitamin C alone, and in combination on the activity of oxidative stress parameters in wistar rats.

Marerial and Methods: Rats of 150-200g body weight were divided into eight groups of six animals each and were subjected to various daily oral treatment regimes for 98 days. Group I served as control receiving only corn oil, group II received chlorpyrifos @ 5.5 mg/ kg in corn oil, group III received lead acetate @100 ppm in water, whereas animals in group IVth received a combination of chlorpyrifos @ 5.5mg/kg in corn oil and lead acetate @ 100 ppm in water. Group Vth received vitamin C @ 100mg/kg in water, group VIth received a combination of chlorpyrifos @ 5.5mg/kg and vitamin C @ 100mg/kg, group VIIth received lead acetate @ 100 ppm in water and vitamin C @ 100mg/kg and group VIIIth received chlorpyrifos @ 5.5mg/kg, lead acetate @100ppm in water and vitamin C @ 100mg/kg.

Results: Administration of both chlorpyrifos and lead acetate caused a significant decrease in oxidative stress parameters viz. blood glutathione, catalase, superoxide dismutase (SOD), glutathione peroxidase (GPx), glutathione-s-transferase (GST) along with a significant increase in lipid peroxidation level when given alone or in combination.

Conclusions: The study demonstrated that treatment of chlorpyrifos and lead treated rats with vitamin C significantly improved some of altered oxidative stress parameters revealing the protective effect of this vitamin C against oxidative stress induced by chlorpyrifos and lead.

Keywords: chlorpyrifos, lead acetate, oxidative stress, vitamin C

Introduction

Organophosphates (OP) were first synthesized in Germany before the Second World War and now there have been an estimated 300,000 severe pesticide poisoning events reported worldwide, mostly due to them. Organophosphates, among other pesticides are the most toxic to the vertebrates [1,2]. Poisoning occurs as a result of agricultural use, suicide or accidental exposure [3]. Apart from inhibition of cholinesterase and presence of cholinergic effects, oxidative stress has been reported by many authors as one of the adverse effects in poisoning by OP in both humans and animals. On the basis of relevant literature it is concluded, that determination of oxidative stress parameters can be useful for monitoring people exposed to OP professionally.

Chlorpyrifos, a phosphorothioate organophosphorus insecticide is metabolically activated through oxidative desulfuration to chlorpyrifos oxon by cytochrome P₄₅₀. Chlorpyrifos oxon binds to acetylcholinesterase, inhibiting its ability to hydrolyze the neurotransmitter acetylcholine. Both chlorpyrifos and its oxon are metabolized to 3, 5, 6-trichloro-2-pyridinol by mixed functions oxidase system and induce oxidative stress which may constitute significantly to overall toxicity [4]. Chlorpyrifos produced oxidative stress results in the accumulation of lipid peroxidation products in different organs of rats [5] and has also been shown to damage DNA [1].

It is now well recognized that humans and animals are exposed to more than one chemical concurrently from various sources such as food, air, water and consumer products (including some heavy metals and pesticides). Organophosphorus insecticides (OPs) like other insecticides form chelating complexes with some heavy metals like lead, mercury and copper. Oxidative stress changes are the sequelae of toxicities

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of both organophosphates and some heavy metals. In recent years, lead has become a regulatory concern and subject of much interest among pharmacologists, environmental scientists and clinicians due to its continuous emission from industrial sources and automobile exhausts and its pharmacological behavior to remain bound to mammalian tissues, particularly in bones for a long duration. Organic lead is more evenly distributed between erythrocytes and soft tissue and less likely to accumulate in bone than inorganic lead due to its higher lipid solubility and thus cause oxidative stress.

There are several mechanisms to counteract the damage caused by reactive oxygen species (ROS) in the human and animal organism. One of them is the enzymatic system which consists of such enzymes as superoxide dismutase (SOD) (manganese in the active enzymatic centre or copper and zinc), catalase (CAT), glutathione peroxidase (GPx) and glutathione reductase (GR). Another antioxidative system is non-enzymatic and consists of a reduced form of glutathione (GSH) and vitamins such as vitamin C, vitamin E and beta-carotene. Each of these antioxidative systems has a specific activity/concentration, but they work synergistically generated. Vitamin C and Vitamin E are reported to act as effective antioxidants for protection against diseases and degenerative process caused by oxidative stress [6]. Vitamin C has been studied extensively in modulating lead intoxication. It acts mainly as an antioxidant molecule and its beneficial effects could be attributed to its ability to complex with lead [7]. Thus, the administration of vitamin C may augment the function of endogenous free radical scavengers and consequently decrease the deleterious effects of free radicals on body cells.

The present study was thus conducted to assess the ameliorative effect of vitamin C on the oxidative stress changes induced by administration of chlorpyrifos and lead acetate.

Materials and Methods

Experimental animals: The Wistar rats weighing between 150-200 gm used in the present study were procured from Indian institute of integrative medicine (IIIM), Council of scientific and industrial research, (CSIR) Lab, Jammu, India.

Ethical approval: All rats were maintained under standard environmental conditions with *ad libitum* feed and water. The animals were treated humanely during the whole period of experimental study and the work was considered by the institutional Animal Ethics Committee vide No. AU/FVSc/C-11/2456-68 on ethical standards in animal experimentation.

Chemicals: Chlorpyrifos (20%w/v), used was commercially obtained from Tata Rallis India Limited, Mumbai as Tafaban in 1 litre pack. Lead acetate (99.9% pure) and ascorbic acid (99.9% pure) were purchased from Hi-Media Labs Mumbai. All other chemicals used in the study were of extra pure quality and

purchased from Hi-media, S.d. Fine Chem. Pvt. Ltd., Qualigens Chem. (Mumbai, India) and E. Merck (Mumbai, India).

Experimental Design: These rats were randomly allocated to eight groups of six rats each and subjected to various daily treatment regimes for 98 days. Group I served as control receiving only corn oil, group II received chlorpyrifos @ 5.5 mg/kg ($1/25^{\text{th}}$ LD₅₀) in corn oil, group III received lead acetate @ 100 ppm in water, whereas animals in group IVth received a combination of chlorpyrifos @ 5.5mg/kg in corn oil and lead acetate @ 100 ppm in water. Group Vth received vitamin C @ 100mg/kg in water, group VIth received a combination of chlorpyrifos @ 5.5mg/kg and vitamin C @ 100mg/kg, group VIIth received lead acetate @ 100 ppm in water and vitamin C @ 100mg/kg and group VIIIth received chlorpyrifos @ 5.5mg/kg, lead acetate @ 100ppm in water and vitamin C @ 100mg/kg. The administration of the toxicants was carried out between 9:30-10:30 AM daily upto 98 days.

All the rats were weighed at weekly intervals during exposure with toxicants and necessary corrections in dosages were made according to the changes in the body weight. Blood samples were collected at zero, 30th, 60th and 98th day of experimental study, for which the animals were anaesthetized with diethyl ether. Blood samples were collected from retro-orbital fossa using capillary tubes in aliquots containing heparin @ 10 IU/ml of blood. The red blood cells were washed with normal saline solution thrice, before preparing the RBC lysate. RBC sediment obtained after harvesting of plasma was diluted with normal saline solution in the ratio of 1:1 on v/v basis and mixed gently and thoroughly. The diluted erythrocytes were centrifuged for 10 min. After centrifugation the supernatant was discarded along with buffy coat and again NSS was added to the RBC on v/v basis, mixed gently and then centrifuged. This process was repeated thrice. After final washing 1 per cent haemolysate (100µl washed RBC + 9.9 ml PBS) and 33 per cent hemolysate (330µl washed RBC + 670µl PBS) in phosphate buffer solution (PBS), pH 7.4 were prepared. The 1 percent haemolysate was used for the estimation of catalase, superoxide-dismutase, glutathione-peroxidase and glutathione-s-transferase and 33 per cent haemolysate was used for estimation of lipid peroxidation.

Statistical analysis: Standard statistical procedures were followed and the data collected during the experiment was subjected to analysis of variance which was carried in completely randomized design (CRD). The significance was assayed at 5% ($P < 0.05$) levels.

Results and Discussion

Association between oxidative stress and adverse health effects have been suggested for several groups

Table-1. Effect of repeated oral administration of chlorpyrifos, lead acetate, vitamin C alone, and in combinations on erythrocyte lipid peroxidation (n mole MDA formed/ml erythrocytes) in rats.

| Treatment group | Zero day | 30th day | 60th day | 98th day |
|-----------------|-----------|--------------------------|------------------------|-------------------------|
| Group I | 4.59±0.29 | 5.44±0.19 ^{ab} | 5.09±0.34 ^a | 4.05±0.07 ^a |
| Group II | 5.51±0.29 | 7.23±0.31 ^c | 8.25±0.37 ^c | 9.85±0.19 ^d |
| Group III | 5.48±0.06 | 6.33±0.16 ^{ab} | 8.31±0.44 ^c | 9.49±0.39 ^d |
| Group IV | 5.56±0.28 | 6.80±0.21 ^{bc} | 8.94±0.24 ^c | 12.32±0.57 ^d |
| Group V | 5.00±0.16 | 5.32±0.27 ^a | 5.11±0.21 ^a | 4.72±0.14 ^a |
| Group VI | 4.23±0.09 | 5.61±0.34 ^{ab} | 6.41±0.21 ^b | 6.42±0.23 ^b |
| Group VII | 5.08±0.15 | 5.92±0.37 ^{abc} | 6.54±0.24 ^b | 6.38±0.14 ^b |
| Group VIII | 5.33±0.24 | 6.47±0.25 ^{abc} | 6.71±0.25 ^b | 7.80±0.33 ^c |

Values given are mean±SE of the results obtained from 6 animals.

Means with at least one common superscript do not differ significantly at 5% ($P < 0.05$)

Table-2. Effect of oral administration of chlorpyrifos, lead acetate, vitamin C alone, and in combinations on blood glutathione levels (nmol/ml) in rats.

| Treatment group | Zero day | 30th day | 60th day | 98th day |
|-----------------|------------|------------|---------------------------|--------------------------|
| Group I | 52.65±1.80 | 51.03±1.15 | 52.65±2.60 ^c | 51.67±1.45 ^{de} |
| Group II | 52.01±2.20 | 50.32±2.02 | 45.54±0.88 ^{ab} | 37.82±1.02 ^{ab} |
| Group III | 52.20±1.52 | 53.69±1.60 | 47.00±1.00 ^{abc} | 42.00±1.15 ^{bc} |
| Group IV | 50.00±1.15 | 51.27±1.84 | 42.50±1.43 ^a | 36.66±0.88 ^a |
| Group V | 50.65±2.90 | 49.54±2.90 | 50.85±3.56 ^{bc} | 52.80±2.45 ^e |
| Group VI | 54.56±1.20 | 48.67±1.82 | 50.43±2.51 ^{bc} | 47.33±1.45 ^{cd} |
| Group VII | 47.67±0.88 | 44.30±1.20 | 46.73±0.72 ^{abc} | 44.42±0.33 ^c |
| Group VIII | 48.00±2.16 | 46.43±1.91 | 45.67±2.75 ^{ab} | 44.00±2.10 ^c |

Values given are mean±SE of the results obtained from 6 animals. Means with at least one common superscript do not differ significantly at 5% ($P < 0.05$)

of diseases such as cardiovascular, respiratory, neurological as well as for the general ageing process. Several drugs, xenobiotics and environmental pollutants are known to cause this imbalance between formation and removal of reactive oxygen species (ROS). Xenobiotics comprise an important source of ROS, which are produced in cells during normal metabolic processes involving oxygen. However presence of ROS may be significantly increased by exposure to different environmental toxicants produced from the industry, agriculture, tobacco smoke or pollution accidents. Biological antioxidants including vitamins can prevent the uncontrolled formation of free radicals and activated oxygen species or inhibit their reaction with biological structures. The destruction of most free radicals and activated oxygen species rely on the oxidation of endogenous antioxidants mainly scavenging and reducing molecules. Reactive oxygen species and malondialdehyde are involved in promotion and progression of carcinogenesis. Their increased production may cause cellular and molecular damage leading to lipid peroxidation as well as mutations in tumor suppressor gene or the genes of antioxidant enzymes. Malondialdehyde (MDA) is the end point of lipid peroxidation process which may be defined as an oxidative deterioration of polyunsaturated lipids. Lipid peroxidation has been measured by quantifying the thiobarbituric acid reactive substances. During the current study it was observed that lipid peroxidation level (Table-1) in group II showed significant increase on 30th, 60th and 98th day as compared to group I on said dates. Also a significant increase in lipid peroxidation was observed on 60th and 98th day in groups III, IVth, VIth, VIIth and VIIIth as compared to group I on these days respectively. Similar

results were obtained from studies of Verma and Srivastava [5]; Patra and Swarup [8] in rats using chlorpyrifos and lead respectively.

Blood glutathione (GSH) is an important naturally occurring antioxidant, which prevents free radical damage and helps in detoxification by conjugating with chemicals. In addition, GSH is pivotal to the cellular antioxidant defenses by acting as an essential co-factor for antioxidant enzymes including glutathione peroxidase (GPx) and glutathione-s-transferase (GST) [9,10]. Under oxidative stress, GSH is depleted by GSH related enzymes to detoxify the peroxides produced due to increased lipid peroxidation [11]. Decrease in glutathione results in the impairment of mechanism of metabolic detoxification [12]. A significant decrease in blood glutathione level (Table-2) was observed in groups II, IVth and VIIIth on 60th day of study. Further a significant decrease in blood glutathione level was observed on 98th day in groups II, III, IVth, VIIth and VIIIth as compared to control group. Similar results were observed by Verma et al. [13] and Tandon et al. [14] in chlorpyrifos and lead treated rats respectively. Vitamin C treatment was found to increase the blood glutathione levels towards normal both in lead acetate and chlorpyrifos treated animals, which is in agreement with interactive studies of Verma et al. [13] [chlorpyrifos and vitamin C] and Bashandy [15] [lead and vitamin C]. The primary role of vitamin C is to neutralize free radicals, both inside and outside the cells. A free radical will seek out an electron to regain their stability. Vitamin C being an excellent source of electrons can donate electrons to free radicals such as hydroxyl and superoxide radicals and quench their reactivity [16].

Table-3. Effect of oral administration of chlorpyrifos, lead acetate, vitamin C alone, and in combinations on blood superoxide dismutase activity (U/mg protein) in rats.

| Treatment group | Zero day | 30th day | 60th day | 98th day |
|-----------------|------------|---------------------------|--------------------------|--------------------------|
| Group I | 60.43±2.58 | 60.61±0.69 ^{cd} | 61.55±2.51 ^c | 61.59±2.47 ^e |
| Group II | 50.29±2.03 | 46.09±2.51 ^a | 48.00±1.09 ^a | 35.38±1.20 ^a |
| Group III | 56.22±2.15 | 57.72±1.32 ^{abc} | 51.77±1.92 ^{ab} | 41.20±1.60 ^b |
| Group IV | 57.53±1.49 | 51.65±0.88 ^{abc} | 48.41±1.12 ^a | 38.63±1.76 ^b |
| Group V | 56.21±2.14 | 56.56±2.05 ^{bcd} | 58.57±2.59 ^c | 55.92±1.72 ^d |
| Group VI | 57.17±1.76 | 58.00±2.3 ^{bcd} | 56.32±2.33 ^b | 45.04±2.00 ^{bc} |
| Group VII | 52.36±0.92 | 50.37±2.12 ^{ab} | 59.61±0.88 ^c | 50.32±1.32 ^{cd} |
| Group VIII | 49.43±2.08 | 65.71±0.89 ^d | 58.01±1.13 ^c | 52.01±1.52 ^d |

Values given are mean±SE of the results obtained from 6 animals.

Means with at least one common superscript do not differ significantly at 5% ($P < 0.05$)

Table-4. Effect of oral administration of chlorpyrifos, lead acetate, vitamin C alone, and in combinations on blood catalase activity ($\mu\text{mole H}_2\text{O}_2$ decomposed/min/mg protein) in rats.

| Treatment group | Zero day | 30th day | 60th day | 98th day |
|-----------------|------------|-------------------------|--------------------------|--------------------------|
| Group I | 60.83±1.96 | 49.64±1.40 ^b | 65.21±1.27 ^b | 54.26±2.17 ^b |
| Group II | 60.00±2.00 | 52.65±1.16 ^b | 44.67±0.75 ^a | 38.00±1.73 ^a |
| Group III | 58.33±0.66 | 49.76±0.88 ^b | 51.59±3.74 ^a | 42.10±1.62 ^a |
| Group IV | 58.66±1.92 | 42.31±1.32 ^a | 48.00±1.05 ^a | 38.34±1.08 ^a |
| Group V | 53.00±1.52 | 53.0±2.45 ^{ab} | 67.00±1.15 ^b | 66.00±1.52 ^{bc} |
| Group VI | 53.71±2.02 | 48.30±2.10 ^b | 55.80±0.64 ^{ab} | 61.32±2.61 ^{bc} |
| Group VII | 59.71±1.21 | 59.61±2.70 ^c | 67.00±2.51 ^{ab} | 55.50±1.30 ^b |
| Group VIII | 54.61±1.20 | 57.00±2.60 ^c | 64.98±1.27 ^b | 61.32±2.32 ^{bc} |

Values given are mean±SE of the results obtained from 6 animals.

Means with at least one common superscript do not differ significantly at 5% ($P < 0.05$)

Superoxide radicals are produced in mitochondria and endoplasmic reticulum as a consequence of auto-oxidation of electron transport chain components. The major enzyme that protects against superoxide production in the body is superoxide dismutase which disproportionates the superoxide to hydrogen peroxide and oxygen [17]. Decrease in SOD activity is suggestive of excess free radical generation which impairs natural defense mechanism of the body. On 30th day of experimentation there was a significant decrease in SOD level in groups II and VIIth as compared to group I. A significant decrease was observed in SOD level (Table-3) of groups II, III, IVth and VIth on 60th and 98th day of study. These findings are in consonance with the studies of Verma and Srivastava [5] in chlorpyrifos treated rats and El-Nekeety et al. [18] in lead treated rats. The results of ameliorative effect of vitamin C in the present study are in accordance with studies of Verma et al. [13] and El-Tohamy and El-Nattat [19] using chlorpyrifos and lead acetate respectively in rats. Vitamin C ameliorates the inhibitory action of lead acetate by removing ROS once formed, thus preventing free radical chain reactions.

Catalase is a haeme-containing enzyme that catalyzes the dismutation of hydrogen peroxide into water and oxygen. The enzyme is found in all aerobic eukaryotic cells and is important for the removal of hydrogen peroxide generated in peroxisomes (microbodies) by action of oxidases which are involved in β -oxidation of fatty acids and purine catabolism. Stress conditions in which there is a large free radical generation also result in the depletion in catalase activity [20]. A significant decrease in catalase activity (Table-4) was observed on 30th day in group IVth and in groups II, III and IVth on 98th

and 60th day post exposure. These findings are in agreement with previous study of and Verma et al. [13] using chlorpyrifos in rats. Ameliorative effect of vitamin C in the current study against decreased catalase activity is in agreement with studies of El-Tohamy and El-Nattat [19] in male rabbits and Verma et al. [21] in rats using lead and chlorpyrifos respectively.

Glutathione peroxidase (GPx) is a selenium containing enzyme which reduces hydrogen peroxide forming GSH and thereby serves as an alternative means of detoxifying activated oxygen. The activity of GPx is dependent upon glutathione level. A significant decrease in GPx level (Table-5) was observed on 30th day in group III, on 60th day in groups II, III and IVth and on 98th day of experimentation in group VIth on as compared to control group. Present findings of decreased GPx and GST levels are in agreement with studies of Verma and Srivastava [5] and Jackie et al. [22] in chlorpyrifos and lead treated rats, respectively. The ameliorative effects of vitamin C observed in the present study are in agreement with studies of Nagat et al. [23] on chlorpyrifos in rats and El-Tohamy and El-Nattat [19] on lead acetate in rabbits.

GSTs are a major group of enzymes that constitute about 10 per cent cytosolic protein in some mammalian organs. GST catalyze the conjugation of reduced glutathione via the sulfhydryl group to electrophilic centers on a wide variety of substances. This catalytic activity of combined glutathione with electrophiles helps in excretion of toxicant from the cells and protects the tissues from oxidative stress [10]. In the current study a significant decrease in GST level (Table-6) was observed on 98th day in groups II, III and IVth as compared to control group.

Table-5. Effect of oral administration of chlorpyrifos, lead acetate, vitamin C alone, and in combinations on blood glutathione peroxidase activity (U/mg protein) in rats.

| Treatment group | Zero day | 30th day | 60th day | 98th day |
|-----------------|------------|--------------------------|--------------------------|---------------------------|
| Group II | 14.78±0.23 | 14.71±1.15 ^b | 14.86±0.63 ^{bc} | 14.96±0.30 ^e |
| Group II | 14.01±0.35 | 14.36±0.16 ^{ab} | 12.96±0.18 ^a | 9.00±0.20 ^a |
| Group III | 15.34±0.30 | 12.46±0.19 ^a | 13.00±0.07 ^{ab} | 10.24±0.34 ^{ab} |
| Group IV | 15.59±0.50 | 12.63±0.31 ^{ab} | 11.96±0.27 ^a | 11.32±0.19 ^{abc} |
| Group V | 14.90±0.58 | 14.65±0.18 ^{ab} | 15.42±0.21 ^{bc} | 13.94±0.23 ^{cde} |
| Group VI | 14.89±0.58 | 14.39±0.63 ^{ab} | 14.60±0.30 ^{bc} | 11.96±0.18 ^{bc} |
| Group VII | 14.39±0.30 | 13.97±0.26 ^{ab} | 14.26±0.65 ^{bc} | 13.5±0.34 ^{cde} |
| Group VIII | 14.61±0.30 | 18.33±0.60 ^{ab} | 15.31±0.34 ^c | 14.04±0.67 ^{de} |

Values given are mean±SE of the results obtained from 6 animals.

Means with at least one common superscript do not differ significantly at 5% ($P < 0.05$)

Table-6. Effect of oral administration of chlorpyrifos, lead acetate, vitamin C alone, and in combinations on blood glutathione-S-transferase activity (μ mole of conjugate of GSH-CDNB/min/ mg plasma protein) in rats.

| Treatment group | Zero day | 30th day | 60th day | 98th day |
|-----------------|---------------|----------------|------------------------------|------------------------------|
| Group I | 0.015±0.001 | 0.017±0.0045 | 0.014±0.0027 ^a | 0.022±0.001 ^a |
| Group II | 0.017±0.0015 | 0.015±0.003 | 0.0083±0.00041 ^{ab} | 0.0089±0.00064 ^b |
| Group III | 0.019±0.0017 | 0.016±0.0014 | 0.018±0.0006 ^a | 0.0061±0.00018 ^b |
| Group IV | 0.018±0.007 | 0.017±0.003 | 0.0079±0.0002 ^{ab} | 0.0043±0.00029 ^b |
| Group V | 0.17±0.0028 | 0.016±0.0031 | 0.019±0.0031 ^a | 0.027±0.0061 ^a |
| Group VI | 0.016±0.00153 | 0.018±0.0008 | 0.0095±0.0001 ^a | 0.0073±0.00097 ^{ab} |
| Group VII | 0.018±0.0017 | 0.02±0.0013 | 0.01±0.004 ^a | 0.009±0.00065 ^a |
| Group VIII | 0.017±0.0023 | 0.0165±0.00058 | 0.0093±0.00045 ^a | 0.0064±0.00016 ^{ab} |

Values given are mean±SE of the results obtained from 6 animals.

Means with at least one common superscript do not differ significantly at 5% ($P < 0.05$)

Conclusions

Oxidative stress parameters, like lipid peroxidation, CAT, SOD, GPx, GSH, GST were more significantly altered with co-administration of chlorpyrifos and lead acetate as compared to their individual administration. Studies revealed that lead acetate has the potentiating effect on the capability of chlorpyrifos to induce alterations in antioxidant indices in rats. Ameliorative effect of vitamin C on oxidative stress induced by chlorpyrifos or lead acetate was more prominent when given alone as compared to that when given in combination with chlorpyrifos and lead acetate.

Authors' contribution

NAN: Overall monitoring and implementation of study, data collection, tabulation, drafted and revised the manuscript. MS: Provided necessary permission and technical guidance. HAW, PAP and NAB: Provided necessary help for data collection during the study. FAZ and WHR: Carried out the statistical analysis. All authors read and approved the final manuscript.

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Competing interests

Authors declare that they have no competing interest.

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