

Influence of controlled breeding techniques on fertility and plasma progesterone, protein and cholesterol profile in true anestrus and repeat breeding buffaloes

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Abstract

Aim: The aim was to evaluate the estrus response, conception rate and plasma profile of progesterone, protein and cholesterol following use of different hormonal protocols in anestrus and repeat breeding buffaloes.

Materials and Methods: This study was carried out on 20 true anestrus, 20 repeat breeders, and 10 normal cyclic buffaloes. Ten anestrus buffaloes each were treated with standard controlled internal drug releasing (CIDR) i/vg device and Ovsynch (GPG) protocols with fix timed artificial insemination (FTAI), and blood samples were obtained on day 0, 7, 9/10 (AI) of treatment and day 21 post-AI. Ten repeat breeding buffaloes with mature mid-cycle palpable corpus luteum (CL) were treated with i/m injection of 25 mg prostaglandin F_{2α} (PGF_{2α}) with FTAI twice at 72 and 96 h later, whereas other ten repeat breeding buffaloes in standing estrus were inseminated with simultaneous i/m injection of buserelin acetate-gonadotropin-releasing hormone (GnRH) 20 µg. 10 buffaloes exhibiting first estrus within 90 days postpartum and inseminated without any treatment served as normal cyclic control. Blood samples were obtained on day of PG injection, day of AI and day 21 post-AI for estimation of plasma progesterone, protein, and cholesterol.

Results: CIDR and Ovsynch protocols resulted in 100 and 80% induction of estrus with conception rates of 40 and 30% at induced estrus, respectively, in anestrus buffaloes. Mid-cycle PGF_{2α} treatment resulted in 90% estrus induction and 40% conception rate at induced estrus, while Buserelin acetate-GnRH 20 µg injection at AI resulted in 30% conception rate in repeat breeders. In normal cyclic control group also, the first service conception rate was 30%. The mean plasma progesterone concentrations on day 0, 7, 9/10 (AI) of treatment and on day 21 post-AI were found to be significantly ($p < 0.05$) different in both CIDR and Ovsynch protocols, being higher on day 7 (day of PG injection) and on day 21 post-AI than on day 0 and 9/10 (FTAI), which were near basal levels. The mean plasma progesterone level was significantly ($p < 0.01$) higher on the day of initiation of mid-cycle PGF_{2α} treatment (3.81 ± 0.67 ng/ml) in a repeat breeding buffaloes suggesting luteal phase. The mean plasma P₄ levels on day 21 post-AI were significantly ($p < 0.01$) higher than on the day of estrus in both repeat breeders and in normal cyclic controls. The plasma P₄ value on day 21 post-AI was significantly ($p < 0.01$) higher in conceived than non-conceived buffaloes in all five groups. The mean plasma total cholesterol and total protein concentrations in anestrus and repeat breeding buffaloes under different treatments did not vary significantly between sampling days. However the cholesterol content was significantly ($p < 0.05$) lower (79.96 ± 2.17 vs. 92.27 ± 6.04 mg/dl) and protein higher (8.14 ± 0.73 vs. 7.69 ± 0.59 g/dl) in conceived than non-conceived animals. In both anestrus and repeat breeding buffaloes, the values of cholesterol and protein were significantly lower than in normal cyclic control group (138.04 ± 11.98 mg/dl and 7.82 ± 0.11 g/dl, respectively).

Conclusion: The results showed that CIDR was better than Ovsynch protocol in inducing fertile estrus in anestrus buffaloes, while mid-cycle PG treatment was superior over AI + GnRH in repeat breeders, and all four treatment protocols significantly influenced plasma P₄ profile, but not the protein or cholesterol.

Keywords: anestrus, biochemical profile, buffalo, conception rates, plasma progesterone, repeat breeder, synchronization protocols.

Introduction

The buffaloes are regarded as the backbone of the dairy industry in India. The maintenance of optimum calving interval of 13-14 months is desirable in them, and it depends upon the buffaloes' ability to conceive within 90 and 120 days of calving.

Unfortunately, this seldom occurs under field conditions. Low reproductive efficiency and problems of subestrus, anestrus, repeat breeding are major constraints in buffalo breeding. It is, therefore, inevitable to use certain hormonal protocols like controlled internal drug releasing (CIDR), Ovsynch, Cosynch etc. to induce and synchronize estrus with fix timed artificial insemination (FTAI) in anestrus/subestrus animals [1-4]. Similarly, inducing mid-cycle luteolysis using prostaglandins (PGs) with fix timed

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insemination 72 and 96 h later, and/or administering Gonadotropin-releasing hormone (GnRH)/human chorionic gonadotropin hormone simultaneous to AI at spontaneous estrus in repeat breeding cows and buffaloes have been found to improve conception rate [5-7]. The present study was therefore aimed to evaluate the estrus induction and fertility response, and whether the serum progesterone, protein and cholesterol profile could be altered by using CIDR and Ovsynch protocols in true anestrus buffaloes, and mid-cycle PGF₂α and AI + GnRH regimes in repeat breeding buffaloes.

Materials and Methods

Ethical approval

The prior approval from the Institutional Animal Ethics Committee was obtained for use of farmers animals in this study.

Selection of animals

This study was carried out during breeding season (year 2012-2013) on 50 pluriparous 90-180 days postpartum buffaloes of average BCS. These comprised 20 true anestrus, 20 repeat breeding and 10 normal cyclic (control) buffaloes selected from five villages under the milk shed area of AMUL, Anand, Gujarat. The buffaloes were initially screened gynecologically for their reproductive status. Buffaloes having both ovaries small smooth inactive without estrus activity and functional structure on per rectal examination twice 10 days apart were taken as true anestrus ones, while those cycling regularly without any visible or palpable genital abnormalities and inseminated with good quality frozen-thawed semen 3 or more time yet failed to conceive were considered as repeat breeders. The anestrus and repeat breeders were then subjected to different therapeutic regimes with FTAI. Buffaloes in spontaneous or induced estrus were inseminated using good quality frozen-thawed semen. All selected buffaloes were dewormed by administering ivermectin 70 mg s/c and fenbendazole 3 g orally.

Treatment protocols-anestrus

Twenty true anestrus buffaloes were treated initially once intramuscularly with sodium acid phosphate 2 g (injection alphos-40, 10 ml, pfizer) and multivitamins AD₃E injection (injection vetacept, 10 ml, Concept Pharma). They were then randomly subjected to either standard CIDR or Ovsynch protocol (n=10 each) with FTAI on day 9 and 10, respectively, as per Bhoraniya *et al.* [2], except that estradiol valerate was not used in conjunction with these protocols.

Treatment protocols-repeat breeders

Twenty repeat breeding buffaloes without visible and palpable genital abnormalities were treated initially once with i/m injection of 3.0 g enrofloxacin (injection conflox, 15 ml, concept pharma) to check invisible genital infection, if any. 10 repeat breeding buffaloes with palpable mid-cycle corpus luteum (CL) on the ovary were injected i/m with PGF₂α 25 mg

(injection lutalyse, 5 ml, pfizer) and FTAI was done twice at 72 and 96 h later. Other 10 repeat breeding buffaloes with clear standing estrus were inseminated and administered simultaneously with i/m injection of GnRH 20 µg (injection receptal, 5 ml, intervet).

Control group

Ten buffaloes detected in estrus spontaneously within 90 days postpartum and inseminated using good quality frozen-thawed semen without any treatment served as normal cyclic control. Animals in all the groups once inseminated were followed for recurrence of estrus and in non-return cases pregnancy was confirmed per rectum 60 days post-AI.

Blood sampling

The jugular blood samples were collected in heparinized vacutainers from true anestrus animals on day 0 (just before treatment), day 7 (at the time of PGF₂α administration), day 9 (CIDR)/10 (Ovsynch), i.e., induced estrus/AI and on day 21 post-AI. Similarly in repeat breeding and normal cyclic buffaloes, blood sampling was done depending upon treatment protocol, i.e., on the day of mid-cycle PGF₂α injection, at the time of spontaneous/induced estrus (AI) and on day 21 post-AI. The samples were centrifuged at 3000 rpm for 15 min, and plasma was stored deep frozen at -20°C with a drop of merthiolate (0.1%) until analyzed.

Plasma assay

Plasma progesterone concentrations were determined by employing standard radio-immuno-assay technique [8]. Labeled antigen (I¹²⁵), antibody coated tubes, and standards were procured from Immunotech, France. The sensitivity of the assay was 0.1 ng/ml. The intra- and inter-assay coefficients of variation were 5.4 and 9.1%, respectively. Plasma total protein and cholesterol levels were estimated using standard procedures and assay kits procured from Crest Bio-systems, Goa, India, with the help of Chemistry Analyzer (Mindray, BS 120, China).

Statistical analysis

The data on estrus response, conception rate (by Chi-square test) and plasma profile of progesterone, protein, and cholesterol (ANOVA) were analyzed statistically using online SAS software.

Results and Discussion

Estrus response and fertility

Out of 10 true anestrus buffaloes each treated with CIDR and Ovsynch protocols, 100% and 80% buffaloes responded with expression of behavioral estrus within 63.60±6.46 and 70.67±6.15 h, respectively, from the time of PGF₂α injection, which is in accordance with the earlier observations in anestrus buffaloes and crossbred cows [3,6,9]. Contrary to present findings, much lower estrus induction response of 58.33 and 37.5% was recorded with CIDR protocol by Ravikumar *et al.* [4] and Singh *et al.* [10], respectively. The present finding of 80.00% estrus response

obtained with Ovsynch protocol in anestrus buffaloes compared favorably with the earlier report [11] in anestrus buffaloes (87%), although Naikoo *et al.* [3] found 100% estrus response, while Ali *et al.* [12] found it as 50% only in anestrus buffaloes. Further, 90% of repeat breeding buffaloes responded to mid-cycle $\text{PGF}_2\alpha$ injection with expression of behavioral estrus within 69.50 ± 4.50 h. This is also in line with the intervals reported earlier [7,13]. Khasatiya *et al.* [14], however, observed this interval as 4.07 ± 0.53 days in 5 months postpartum subestrus Surti buffaloes.

The conception rates at induced estrus in CIDR and Ovsynch treatment groups were 40 and 30% and in normal cyclic control group it was 30%, with the overall conception rates of three cycles as 70, 60 and 60%, respectively (Figure-1). The conception rates with CIDR protocol were better than Ovsynch protocol and even control cyclic group. These results are in accordance with the previous reports in anestrus cows [2,6]. However, the present first service conception rate in Ovsynch protocol is almost one-half of those (50-58%) recorded by others in postpartum subestrus and/or anestrus buffaloes [3,15]. The first service conception rates found for mid-cycle $\text{PGF}_2\alpha$ treated and AI + GnRH injected repeat breeders were 40 and 30%, respectively, and the overall conception rates of three cycles were 70 and 50%, respectively (Figure-1), which corroborated well with the earlier reports in buffaloes [13] and crossbred cows [7]. Better results obtained with CIDR and Ovsynch protocols in anestrus buffaloes are attributed to continuous negative feedback effect of exogenous progesterone from the intra-vaginally inserted CIDR simulating CL function, and luteinization of some of the growing follicles and/or ovulation of dominant follicle and formation of CL under the influence of GnRH, simulating diestrus, followed by its sudden withdrawal on CIDR removal/PG injection causing rebound phenomenon and folliculogenesis, estrus and ovulation. Similarly, luteolysis and strengthening of timed ovulation and CL function with mid-cycle PG and GnRH at AI in repeat breeders enhance conception rate.

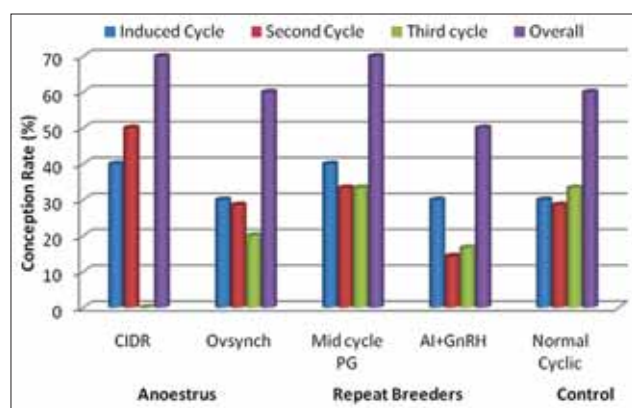


Figure-1: Conception rates at induced or first estrus in anestrus and repeat breeding buffaloes treated with different estrus synchronization protocols and in normal cyclic control group.

Plasma progesterone profile

The plasma progesterone (ng/ml) concentrations were low or near basal level on the day of initiation of treatment in both CIDR and Ovsynch protocols (0.55 ± 0.21 and 0.56 ± 0.23 ng/ml), suggesting that the animals used in the experiment were in anestrus phase (Table-1). The levels increased highly significantly ($p < 0.01$) on day 7 (4.76 ± 0.57 and 1.39 ± 0.18 ng/ml), i.e., just before CIDR removal and/or PG injection. The later resulted in sudden and significant drop in plasma progesterone level within 48-72 h with induction of estrus (0.26 ± 0.67 ng/ml in CIDR and 0.16 ± 0.05 ng/ml in Ovsynch protocol). The pooled levels again rose significantly on day 21 post-AI in both the groups (3.23 ± 0.76 and 2.00 ± 0.86 ng/ml) due to the establishment of pregnancy and maintenance of CL function in four and three buffaloes out of eight each in CIDR and Ovsynch group. Further, the variation between conceived and non-conceived groups in their plasma progesterone concentration was found to be non-significant on day 0, 7 and 9/10 (AI), but on day 21 post-AI, the conceived buffaloes had significantly higher plasma progesterone concentration as compared to non-conceived ones in both the groups (Table-1). These findings on plasma progesterone profile with respect to the effect of CIDR and Ovsynch protocols closely corroborated with the earlier observations in cattle [2,6,16] and buffaloes [3] using similar protocols. Raghorte *et al.* [17] also documented similar trend of plasma progesterone concentration in 12 postpartum buffaloes during Ovsynch protocol on different days and in pregnant and non-pregnant animals.

Significantly higher plasma P_4 levels recorded on day 7 in CIDR group could be due to the continuous release of the exogenous progesterone from the intra-vaginally inserted progesterone impregnated device, while in the Ovsynch protocol this rise might be due to luteinization of some of the growing follicles and/or ovulation of dominant follicle and formation of CL under the influence of GnRH, simulating diestrus phase. Similarly, significantly higher plasma P_4 recorded on day 21 post-AI in conceived buffaloes of both the treatment groups and even in normal cyclic control group was due to establishment of pregnancy and maintenance of CL function in them, while significantly low yet variable plasma P_4 noted in non-conceived buffaloes could be due to their return to next estrus at varying intervals on account of probable irregular or long cycle length, early embryonic mortality or uncoordinated, unexplained hormonal changes in some of them.

Significantly higher mean plasma progesterone level (3.81 ± 0.67 ng/ml) found on day of initiation of mid-cycle $\text{PGF}_2\alpha$ treatment in repeat breeding buffaloes (Table-1) suggested that the buffaloes selected were really in mid-cycle or true luteal phase. The plasma P_4 levels decreased significantly within 72 h of single PG injection with induced behavioral

Table 1: Mean plasma progesterone concentrations (ng/ml) in anoestrus and repeat breeding buffaloes on different days of treatment and AI under various treatment protocols and in normal cyclic control group.

Class of animal	Treatment protocol	Status	Number	Days from treatment/AI			
				D-0	D-7	D-9/10 (AI)	D-21 post-AI
Anestrus	CIDR	Conceived	4	0.62±0.37	4.60±1.00	0.23±0.13	4.67*±0.56
		Non-conceived	4	0.28±0.14	4.90±0.70	0.28±0.07	1.78±0.97
		Overall	8	0.55 ^a ±0.21	4.76 ^c ±0.57	0.26 ^a ±0.67	3.23 ^b ±0.76
	Ovsynch	Conceived	3	0.76±0.57	1.60±0.50	0.10±0.01	4.87**±0.48
		Non-conceived	5	0.44±0.21	1.25±0.05	0.20±0.07	0.28±0.12
		Overall	8	0.56 ^a ±0.23	1.39 ^b ±0.18	0.16 ^a ±0.05	2.00 ^b ±0.86
Repeat breeders	Mid-cycle PG	Conceived	4	4.02±0.67		0.26±0.88	5.98*±0.82
		Non-conceived	4	3.61±1.28		0.90±0.73	2.10±0.92
		Overall	8	3.81 ^b ±0.67		0.58 ^a ±0.36	4.03 ^b ±0.93
	AI+GnRH	Conceived	3			0.14±0.04	6.60±0.95
		Non-conceived	5			0.32±0.12	3.09±1.56
		Overall	8			0.25 ^a ±0.81	4.40 ^b ±1.17
Normal cyclic	Control	Conceived	3			0.30±0.20	5.45*±1.11
		Non-conceived	5			0.46±0.27	1.55±1.01
		Overall	8			0.40 ^a ±0.18	3.01 ^b ±1.00

*p<0.05, **p<0.01, between conceived and non-conceived subgroups within the protocol/group. Means bearing uncommon superscripts within the row differ significantly (p<0.05). D-0=Day of starting the treatment, D-7=Administration of PG, D-9/10=Fixed time AI (Day 9 in CIDR; Day 10 in Ovsynch, Day 3 and 4 in mid-cycle PG), D-21=Day 21 post-AI. AI=Artificial insemination, PG=Prostaglandin, GnRH=Gonadotropin-releasing hormone

estrus in 90% of buffaloes proving successful luteolysis. The mean plasma P₄ level (ng/ml) on day 21 post-AI was significantly (p<0.05) higher in conceived than non-conceived buffaloes (5.98±0.82 vs. 2.10±0.92 ng/ml). This indicated better ovulatory estrus and maintenance of luteal function with establishment of pregnancy in former group.

The mean plasma progesterone levels on day of AI and day 21 post-AI in repeat breeding buffaloes injected with GnRH at AI were 0.25±0.81 and 4.40±1.17 ng/ml, respectively. The results suggest that the animals were in true estrus with basal level of plasma progesterone when inseminated and simultaneously treated with GnRH. Further, the relatively higher plasma P₄ noted on day 21 post-AI even in non-conceived group (3.09±1.56 ng/ml) indicated that these animals returned to estrus at varying and delayed interval. Two of the four non-conceived repeat breeding buffaloes had plasma P₄ between 3 and 4 ng/ml on day 21 post-AI suggesting long cycle and/or EED later on (Table-1). Gustafsson *et al.* [18] opined that hormonal asynchrony starts before or early in estrus presumably leading to improper hormonal sequential changes responsible for the elevated embryonic loss during the first 3 weeks after AI in repeat breeding animals. The present findings corroborated well with those of Patel *et al.* [7] in repeat breeding cows using similar treatment protocols. Butani *et al.* [19] reported comparable serum progesterone values of 0.45±0.05 and 0.36±0.08 ng/ml at the time of estrus in repeat breeding and normal cyclic buffaloes, respectively.

Plasma total cholesterol

The plasma total cholesterol profile did not reveal significant differences between days/periods of the treatment in any of the groups of anestrus and repeat

breeding buffaloes and even in normal cyclic group, but the pooled values irrespective of periods were apparently or significantly (p<0.05) higher in non-conceived than conceived buffaloes of all the three groups. Similarly, the overall mean values of total cholesterol were significantly (p<0.01) lower in all the treatment groups than in normal cyclic controls (86.11±3.34-121.72±4.28 vs. 138.04±11.98 vs. mg/dl; Table-2). Similar results were observed by earlier workers in anestrus Gir and crossbred cows under CIDR and Ovsynch protocols [6,16], and in repeat breeding cows under mid-cycle PG and AI plus GnRH treatments [7]. Patel *et al.* [20] reported significantly lower serum cholesterol level in GnRH treated group of repeat breeding cows as compared to control group, and non-significantly lower values in conceived and non-conceived cows. Significantly (p<0.05) higher plasma total cholesterol concentrations observed in non-conceived than conceived cows consistently over the periods under study indirectly reflected its role in steroideogenesis, particularly progesterone synthesis in conceiving buffaloes. The higher level of cholesterol associated with estrogen synthesis resulting in the manifestation of heat in buffaloes has also been reported earlier [21]. Kapadiya and Siddiquee [22] documented significantly higher plasma cholesterol concentration on day of estrus as compared to day 12 of the estrous cycle in repeat breeding Mehsana buffaloes. Further, significant differences recorded between cyclic and anestrus/repeat breeding buffaloes of different breeds [19,23,24] to some extent corroborated well with the present findings of significantly higher plasma cholesterol in normal cyclic than the anestrus buffaloes.

Plasma total protein

Like cholesterol, the plasma total protein levels did not vary significantly between different days

Table 2: Mean plasma total cholesterol concentrations (mg/dl) in anestrus and repeat breeding buffaloes conceiving and not conceiving following various treatment protocols and in normal control group.

Reproductive status	Treatment protocol	Status	Number	Total cholesterol (mg/dl)	Total protein (g/dl)
Anestrus	CIDR	Conceived	4	79.96±2.17	8.14*±0.73
		Non-conceived	4	92.27*±6.04	7.69±0.59
		Overall	8	86.11±3.34	7.91±0.10
	Ovsynch	Conceived	3	109.44±4.15	7.96±0.22
		Non-conceived	5	129.08*±5.69	8.10±0.15
		Overall	8	121.72±4.28	8.05±0.12
Repeat breeders	Mid-cycle PG	Conceived	4	101.49±10.99	11.62±0.20
		Non-conceived	4	106.69±9.86	11.07±0.40
		Overall	8	104.09±7.23	11.34±0.23
	AI+GnRH	Conceived	3	107.87±5.71	8.05±0.20
		Non-conceived	5	126.02±7.87	8.01±0.18
		Overall	8	119.21±5.70	8.02±0.13
Normal cyclic	Control	Conceived	3	111.40±21.25	7.61±0.11
		Non-conceived	5	154.03*±6.42	7.96±0.16
		Overall	8	138.04±11.98	7.82±0.11

*p<0.05, between conceived and non-conceived subgroups within the protocol/group. AI. AI=Artificial insemination, PG=Prostaglandin, GnRH=Gonadotropin-releasing hormone

of sampling in anestrus, repeat breeding and normal cyclic buffaloes, except for Ovsynch wherein it was higher on the day of induced estrus/AI than other days. The total protein concentration was apparently or significantly higher in conceived than non-conceived buffaloes of CIDR, mid-cycle PG and AI + GnRH protocols, while, in Ovsynch protocol and normal cyclic control, the trend was inverse and insignificant. The plasma protein profile was higher in repeat breeders under mid-cycle PG protocol as compared to all other groups including normal cyclic control, which were at par (Table-2). These findings corroborated to the earlier observations with similar protocols in cows [6,16]. Gentile *et al.* [25] opined that serum protein level was not related with fertility in dairy cows, while Lodhi *et al.* [26] opined that the Murrah buffaloes having high level of total protein had good reproductive performance. Butani *et al.* [19] found significantly higher serum total protein concentrations in cycling as compared to repeat breeding buffaloes. Kapadiya and Siddiquee [22] recorded slightly higher plasma total protein value on day of estrus (6.701±0.133 g/dl) as compared to day 12 (6.368±0.318 g/dl) and day 24 (6.321±0.090 g/dl) of estrous cycle in repeat breeding Mehsana buffaloes, which is in line with the present findings, but with lower values. The present insignificant variations observed in anestrus and normal cyclic buffaloes also corroborated well with the earlier reports in cattle and buffaloes [19,24,27].

Conclusion

The results showed that CIDR was better than Ovsynch protocol in inducing fertile oestrus in anestrus buffaloes while mid-cycle PG treatment was superior over AI + GnRH in repeat breeder buffaloes. All these protocols influenced the plasma progesterone profile significantly but had no such effect on plasma cholesterol and protein levels. The values of total cholesterol

were significantly higher and protein lower in normal cyclic when compared to problem breeders.

Authors' Contributions

AJD planned and designed the study. The experiment was conducted by KKS, AJD, KKH and KRP, while laboratory work was done by NPS and KKS. All authors participated in data analysis, draft and revision of the manuscript. All authors read and approved the final manuscript.

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Competing Interests

The authors declare that they have no competing interests.

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